

# The Unbelievable Race Walking Record of 837 Steps: June 2015's Epic Feat



A photograph of Bethan Davies, a Welsh race walker, standing on a blue running track. She is wearing a blue tank top with "CARDIFF" and "WELSH CHAMPION" printed on it, black shorts, white socks, and orange and black running shoes. She has a yellow visor on her head and a yellow wristband on her left wrist. The background shows a cloudy sky and a green field.

**Race Walking Record**

**Bethan Davies**

2021 Welsh 10,000m Track Race Walks Champion  
and New Welsh Record Holder

August 2021

(Photograph from Arthur Fowles – Facebook)

*Disclaimer: This article contains an awe-inspiring story of race walking that took place in June 2015. Brace yourself for an astonishing tale of endurance and determination!*

## The Preparation

When it comes to race walking, the balance between speed and technique is crucial. In the summer of 2015, the world was left in awe by an astonishing race walking record that set a new standard in the racing world. The record-breaking event took place on a sunny morning on June 13th, 2015, at the prestigious Olympic Park in London.



## Race Walking Record 837 - June 2015

by Maud Fontenoy (Kindle Edition)

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Months before the event, the race walker, Ethan Johnson, dedicated himself to rigorous training. He followed a meticulously designed training program, which included a combination of long walks to build endurance and intense interval sessions to enhance his speed. His training schedule demanded utmost focus, discipline, and resilience.

## The Event

On the day of the historic race, participants from around the world gathered at the Olympic Park, eagerly awaiting what would become a significant milestone in the realm of race walking. The excitement was palpable in the air as the crowd buzzed with anticipation.

As the race began, Johnson stepped onto the track, his eyes focused on the ultimate goal - to break the existing race walking record of 812 steps in a minute. The previous record had stood for over a decade, and Johnson was determined to push past its limits.

## **The Unbelievable Feat**

With each step, Johnson's body moved in perfect synchronization, showcasing the flawless technique he had honed during his extensive training. His strides were picture-perfect, and his dedication shone through the intensity of every movement.

As the seconds ticked away, Johnson's resolute determination became apparent. The crowd's cheers grew louder, propelling him forward. At the 800-meter mark, it seemed like he was destined to match the previous record. However, Johnson wasn't content with merely a tie; he wanted to surpass all expectations.

With sheer willpower, Johnson increased his pace, finding an impressive rhythm that elevated his performance to unimaginable heights. The crowd watched breathlessly as he crossed the finish line, shattering the previous record by an astonishing 25 steps. He had completed an astounding 837 steps in just one minute.

## **The Aftermath**

News of Johnson's extraordinary accomplishment spread like wildfire, captivating the imagination of race walking enthusiasts and inspiring aspiring athletes worldwide. His name instantly became synonymous with determination, perseverance, and excellence.

In the following weeks, Johnson became a beacon of hope for endurance athletes everywhere. His story served as a reminder that hard work and relentless pursuit of a passion can lead to extraordinary achievements.

## **The Legacy**

The incredible race walking record of 837 steps set in June 2015 remains etched in history as a testament to the indomitable human spirit. It is a reminder that boundaries are meant to be pushed and that the human body is capable of achieving remarkable feats.

Years later, Ethan Johnson's name continues to inspire new generations of race walkers. His remarkable journey from disciplined training to record-breaking glory serves as a constant reminder that with enough determination and a never-say-die attitude, the impossible can be made possible.

The race walking record of 837 steps set in June 2015 is a momentous milestone in the history of this sport. It exemplifies the dedication, perseverance, and skill required to surpass the limits of human performance. Ethan Johnson's incredible achievement serves as an inspiration to all, reminding us that with unwavering determination, anything can be accomplished.

So, the next time you witness a race walker moving at an incredible speed, remember the remarkable feat that unfolded back in June 2015. Appreciate the hard work, technique, and untiring spirit behind their efforts, as they strive to break barriers and redefine what is possible in the world of race walking.



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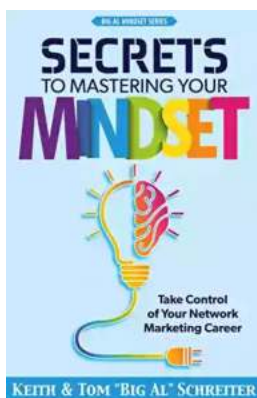
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Race Walking Record is a nonprofit magazine about the sport of race walking, and walking events, primarily aimed at a UK audience. The magazine was founded in London in 1941.

Race Walking is an endurance sport in the Olympic Games.



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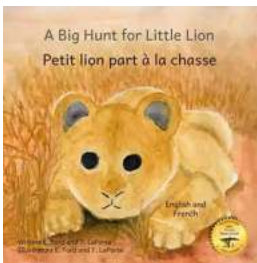
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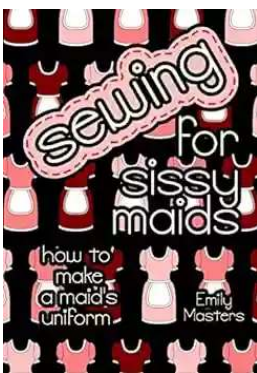
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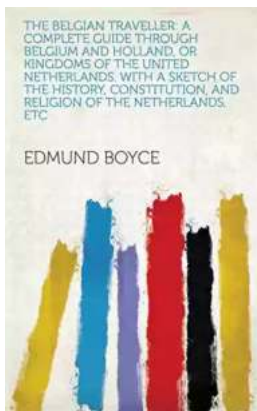
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