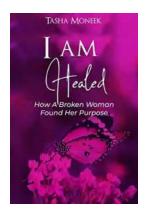
### **How Broken Woman Found Her Purpose**

Have you ever felt completely lost and broken? As if life had thrown you to the ground and you couldn't find the strength to get back up? This is the story of a woman who experienced such a devastating moment in her life, but managed to find her purpose and rebuild herself. A true tale of resilience, courage, and transformation.

#### The Descent into Darkness

Our protagonist, Sarah, was once a carefree and ambitious young woman. She had dreams, goals, and a strong determination to succeed. But one fateful day, tragedy struck, and her world came crashing down. She lost someone dear to her in a tragic accident, and it shattered her to the core.

The loss left Sarah in a state of emotional turmoil. She withdrew from her friends, family, and the world around her. Every day became a battle against her own thoughts and pain. She felt like a broken puzzle with no hope of ever being whole again.



#### I Am Healed: How A Broken Woman Found Her

Purpose by Tasha Moneek(Kindle Edition)

**★** ★ ★ ★ 4.6 out of 5 : English Language File size : 1334 KB Text-to-Speech : Enabled Screen Reader : Supported Enhanced typesetting: Enabled Word Wise : Enabled Print length : 66 pages Lending : Enabled



Days turned into months, and months turned into years. Sarah's grief remained a constant companion, causing her to lose sight of her own identity and purpose in life. She became trapped in a cycle of despair, where happiness seemed like a distant memory.

### **A Glimmer of Hope**

Amidst the darkness, a glimmer of hope began to emerge. Sarah stumbled upon a news article that highlighted the power of self-discovery in healing and finding purpose. Intrigued, she decided to explore this concept further.

She immersed herself in books, attended workshops, and sought guidance from experts who specialized in personal development and overcoming adversity. It was through this journey of self-discovery that she slowly started to rebuild her shattered self.

Through introspection and self-reflection, Sarah realized that her pain could be transformed into a catalyst for change. She tapped into her inner strength, resilience, and began to see her experiences as life lessons rather than sources of pain.

### **Finding Her Calling**

As Sarah delved deeper into her personal growth journey, she felt a strong pull towards helping others who were going through similar experiences. She recognized that there were countless individuals out there who felt just as broken as she once did.

With her newfound purpose, Sarah decided to pursue a career in counseling and coaching. She wanted to provide a safe space for others to heal, grow, and find their own purpose in life. Her own journey had taught her the importance of having someone to lean on during difficult times, and she wanted to be that support system for others.

#### **A Life Transformed**

As years passed, Sarah found herself flourishing in her new career. She touched the lives of many with her compassion, empathy, and ability to understand their pain. She had come a long way from the broken woman who thought she would never find happiness again.

Through her work, Sarah discovered the true power of resilience and the human spirit. She witnessed firsthand the strength and potential within each person, no matter how broken or lost they might feel. And in turn, this strengthened her own sense of purpose and fueled her passion to help others.

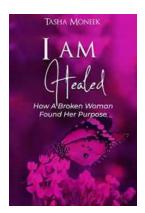
### **The Journey Continues**

Today, Sarah continues her mission of empowering broken souls to find their purpose and rebuild their lives. She has expanded her reach through various mediums, including writing books, speaking engagements, and online platforms.

Her story serves as a reminder that no matter how broken we may feel, there is always hope for a brighter future. Life has a way of knocking us down, but it's up to us to find the strength and determination to rise again.

So, if you find yourself in a dark place, remember Sarah's journey. Know that you are not alone, and there is always a way to find your purpose and rebuild your

life. Embrace your pain, learn from it, and let it fuel your transformation. The broken woman within you has the power to rise and shine once again.



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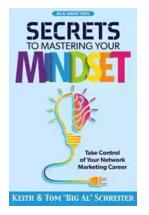


When it comes to trauma, hardships, single motherhood, and grief, Tasha Moneek is all too familiar with these experiences. In her debut book, I Am Healed, she taps into her courage and fearlessly shares her story about growing up with drug-addicted parents, becoming a single mom, healing her childhood wounds, and finding her voice. By sharing her story, Tasha wants young women to know that no matter what life throws at them, they can make it out, with a few bumps and bruises, of course!

After reading I Am Healed, women will have a better understanding of:

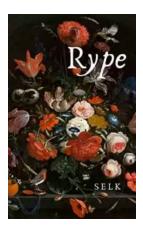
- How their relationship with God plays a huge role in their healing
- Why it's important to address their childhood trauma
- How to become emotionally strong after a breakup
- Necessary steps to take to change the direction of their lives

Healing doesn't have to be a lonely journey. With God, your truth, your strength, and your tribe you can overcome anything.



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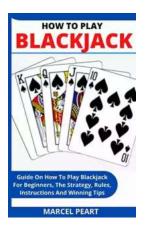
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