

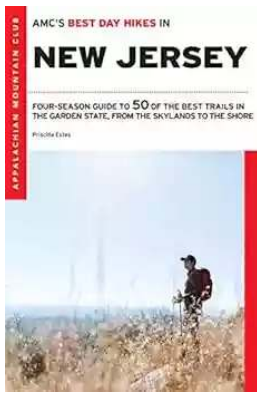
# Experience the Best Day Hikes in New Jersey with AMC



Are you a nature enthusiast looking to explore the beauty of New Jersey? Look no further! With more than 520 miles of hiking trails, New Jersey offers a diverse range of landscapes and breathtaking views. With the help of the Appalachian Mountain Club (AMC), we have compiled a list of the best day hikes in New Jersey to make your outdoor adventures unforgettable.

## **1. Appalachian Trail: Sunfish Pond Loop**

Embark on a memorable journey along the Appalachian Trail with the Sunfish Pond Loop. This 5.8-mile hike is suitable for all skill levels and showcases stunning views of Sunfish Pond, one of the most iconic natural features in New Jersey. As you traverse through dense forests and rocky terrains, be prepared to encounter a variety of flora and fauna native to the region.



## AMC's Best Day Hikes in New Jersey: Four-Season Guide to 50 of the Best Trails in the Garden State, from the Skylands to the Shore

by Priscilla Estes (Kindle Edition)

★★★★☆ 4.6 out of 5

Language : English

Paperback : 64 pages

Item Weight : 4.8 ounces

Dimensions : 6 x 0.16 x 9 inches

File size : 5616 KB

Text-to-Speech : Enabled

Screen Reader : Supported

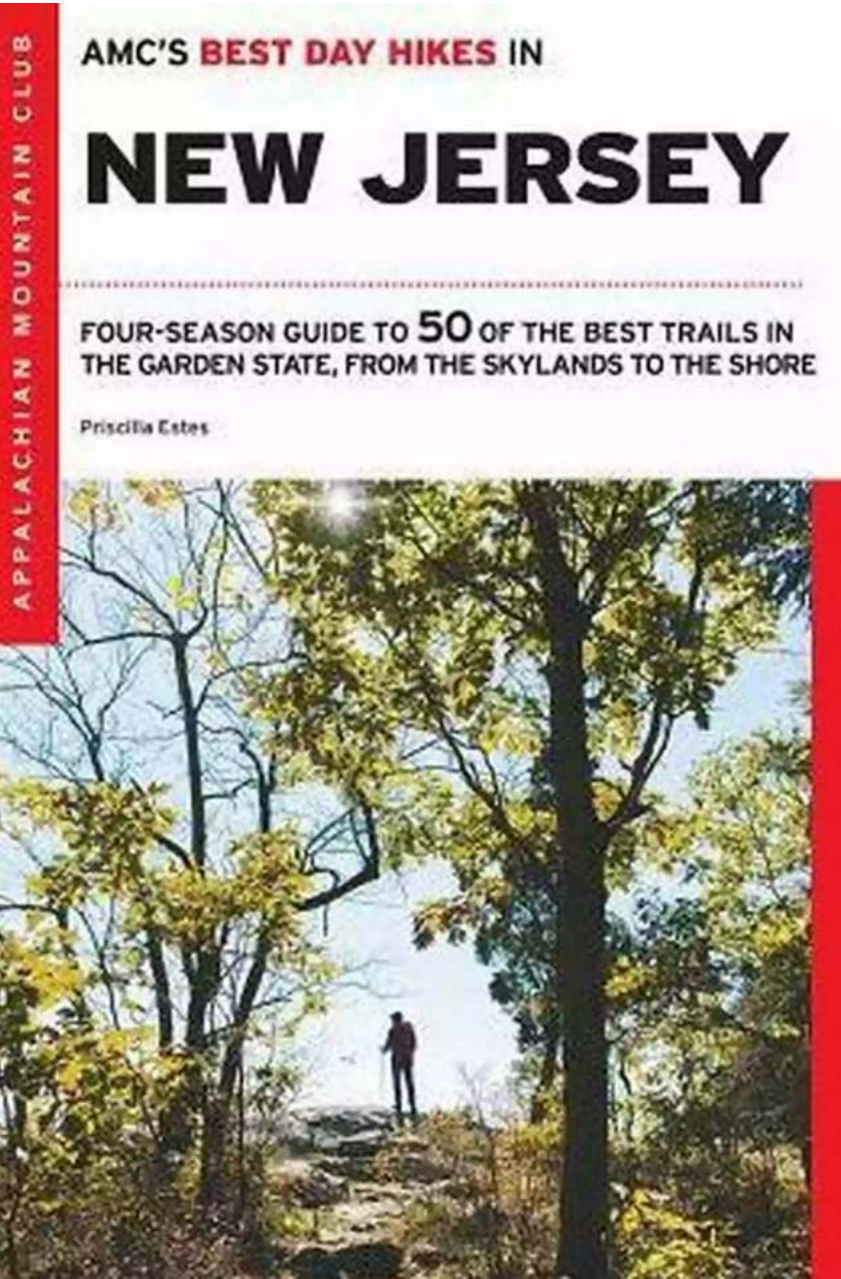
Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 437 pages

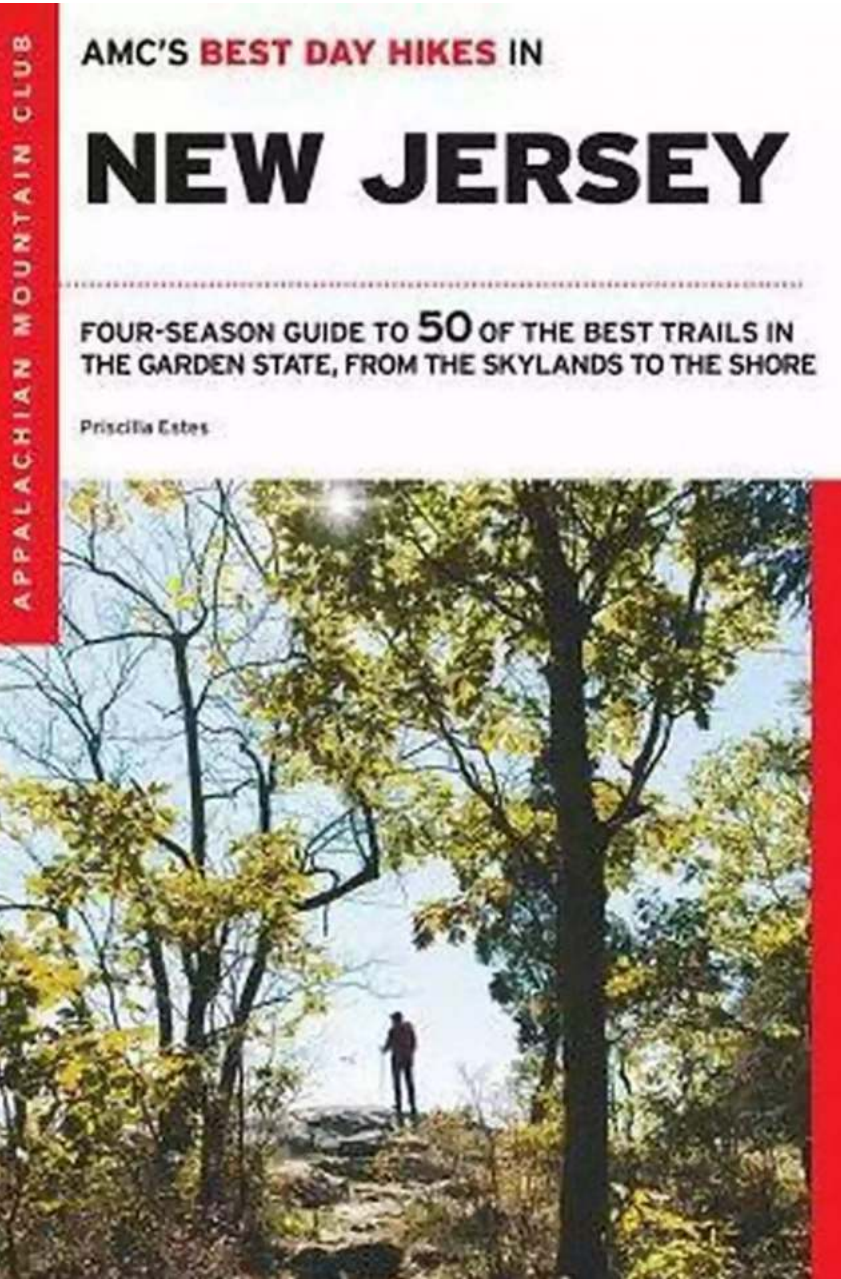
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## 2. Delaware Water Gap: Mt. Tammany Trail

If you are seeking a thrilling hiking experience, make sure to explore the Mt. Tammany Trail located in the Delaware Water Gap National Recreation Area. This 3.5-mile trail offers panoramic vistas of the Delaware Water Gap and the surrounding mountains. The steep climb to the summit is well worth the effort as you witness breathtaking views stretching all the way to Pennsylvania.



### **3. High Point State Park: Monument Trail**

Climb to the highest point in New Jersey at the High Point State Park and embark on the Monument Trail. This 3-mile loop provides hikers with breathtaking views of the rolling hills and sprawling valleys of the Kittatinny Mountains. Reach the summit and marvel at the awe-inspiring 220-foot High Point Monument, a prominent historic landmark.



#### **4. Palisades Interstate Park: Giant Stairs**

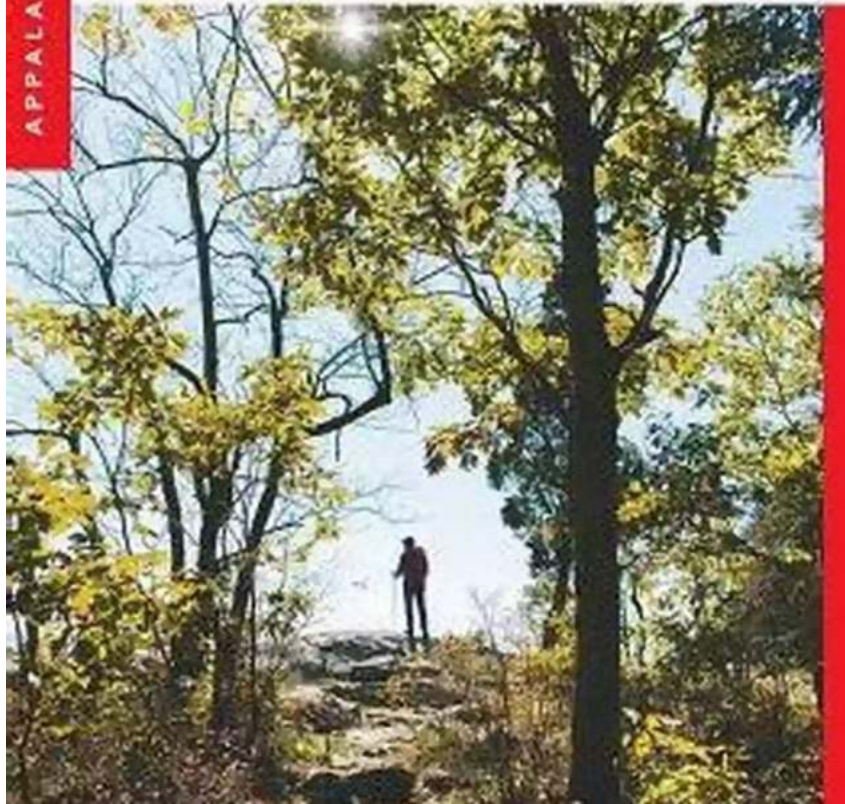
For hikers seeking a more challenging and adventurous experience, the Giant Stairs in Palisades Interstate Park is the perfect choice. This 8.1-mile loop features a unique, rocky terrain, and stunning views of the Hudson River. As you navigate the giant steps created by natural rock formations, you will feel a sense of accomplishment and awe.

AMC'S **BEST DAY HIKES** IN

# NEW JERSEY

FOUR-SEASON GUIDE TO **50** OF THE BEST TRAILS IN  
THE GARDEN STATE, FROM THE SKYLANDS TO THE SHORE

Priscilla Estes



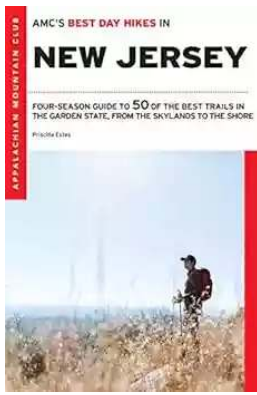
## 5. Hacklebarney State Park: River Trail

Immerse yourself in the tranquility of Hacklebarney State Park as you hike along the River Trail. This 3.5-mile loop showcases the beauty of Black River, charming waterfalls, and lush greenery. With its peaceful atmosphere and scenic surroundings, this hike is perfect for those looking to escape the hustle and bustle of daily life.



New Jersey's diverse landscapes and picturesque trails offer countless opportunities for hikers of all skill levels. Whether you're seeking a peaceful experience in nature or an adrenaline-filled adventure, the best day hikes in New Jersey, curated by the Appalachian Mountain Club, will leave you with unforgettable memories.

Grab your hiking gear, lace up your boots, and get ready to explore the natural wonders that await you along the Appalachian Trail, Delaware Water Gap, High Point State Park, Palisades Interstate Park, and Hacklebarney State Park. Don't miss out on the chance to immerse yourself in the beauty of New Jersey's great outdoors!



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This brand-new title from the Appalachian Mountain Club's trusted Best Day Hikes series is your indispensable guide to the 50 top treks in the Garden State, all doable in a day or less. Whether you're an avid hiker or seek adventure in your own backyard, this must-have resource covers all of New Jersey—the northern Skylands, the northeastern Gateway near New York City, the Jersey and Southern shores, the Greater Atlantic City area, and the Delaware River—revealing remarkable natural beauty in the midst of a densely populated region. Explore the urban-adjacent, 4,269-acre Ramapo State Forest, with its views of the New York City skyline; hike New Jersey's famous Pine Barrens; stroll seaside in Hartshorne Woods Park; and tackle the rugged landscape along the Appalachian Trail, in High Point State Park. You'll find hikes for every skill level.



An at-a-glance trip planner highlights the best options near public transportation, as well as those for kids, dogs, and winter snowshoeing and skiing. With GPS coordinates for every trailhead, turn-by-turn directions, and information on time, distance, and difficulty for each hike, as well as enriching essays about the area's natural and social history, this is your quintessential guide to uncovering and exploring the hidden gems of a verdant landscape.

Inside You'll Find:

50 recommended hikes for all ability levels

GPS coordinates for every trailhead

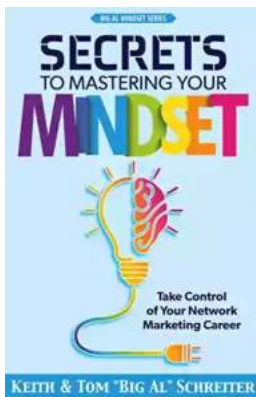
Locator map and at-a-glance trip planner for easy selection

Detailed maps showing parking areas, trails, and natural highlights

Summaries of time, distance, and difficulty level for each trail

Hiking and safety tips, including what to carry in your pack

Essays on the flora, fauna, and historic landmarks of the region



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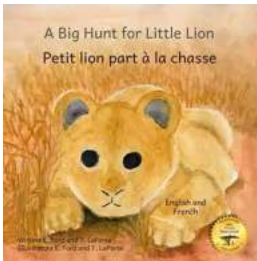
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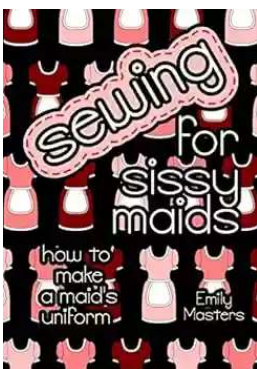
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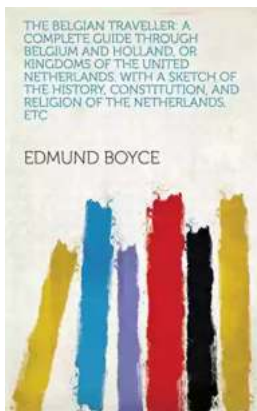
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