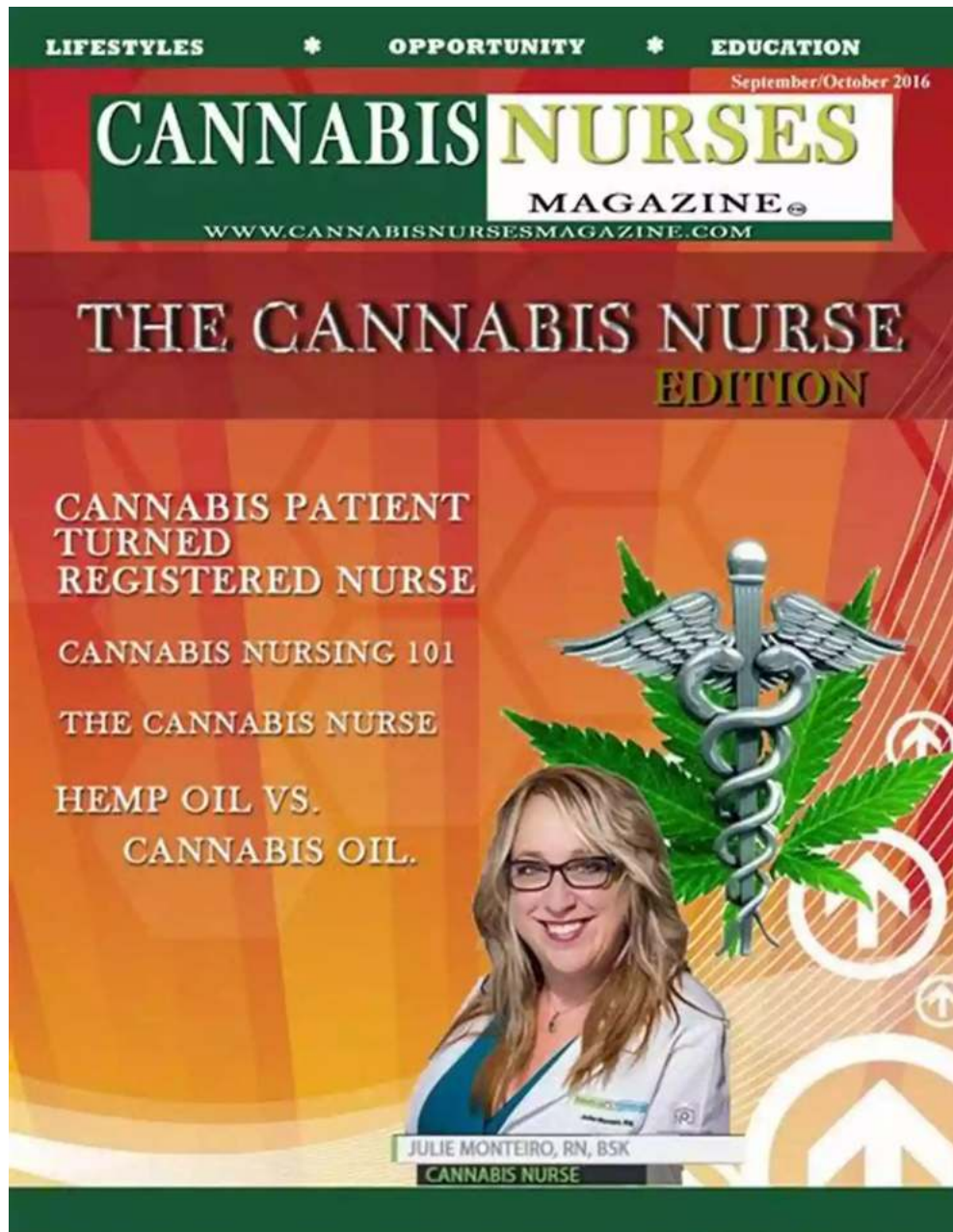


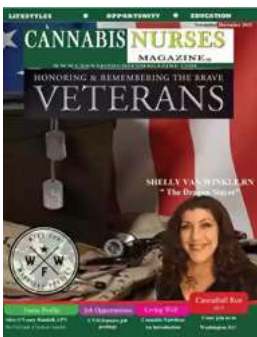
# Discover How Cannabis Nurses Magazine Aims to Help Veterans Overcome PTSD with Medical Marijuana



The Harsh Reality of PTSD among Veterans and the Search for Effective Solutions

Post-Traumatic Stress Disorder (PTSD) is a mental health condition that affects a significant number of military veterans. The harrowing experiences endured during their service can often lead to lasting psychological scars, making it hard for these heroes to fully integrate back into civilian life. Medical professionals, including nurses, have been researching various treatment options to alleviate the symptoms of PTSD and offer veterans a chance to regain control of their lives.

One groundbreaking resource that has emerged in this context is the **Cannabis Nurses Magazine PTSD Veterans Issue**. This dedicated publication focuses on exploring the role of medical marijuana in helping veterans overcome their traumatic experiences and manage PTSD symptoms effectively.



## Cannabis Nurses Magazine - PTSD Veterans Issue: Should Vets get access to medical marijuana?

by Robert Herman (Kindle Edition)

★★★★★ 5 out of 5

Language : English  
File size : 20646 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 114 pages  
Lending : Enabled



## Understanding Why Cannabis Nurses Magazine is Vital in This Fight

As veterans continue to struggle with the debilitating effects of PTSD, it has become increasingly important to provide them with the most accurate and up-to-

date information about potential treatments. This is where **Cannabis Nurses Magazine** steps in.

The magazine encompasses a team of experienced cannabis nurses who are dedicated to sharing their knowledge and expertise in the field. Through informative articles, case studies, and patient testimonials, Cannabis Nurses Magazine aims to educate veterans, healthcare providers, and the general public about the potential benefits of medical marijuana in PTSD treatment.

## **Highlights of the *Cannabis Nurses Magazine* PTSD Veterans Issue**

### **1. Examining the Science behind Medical Marijuana and PTSD**

In this issue, Cannabis Nurses Magazine provides an in-depth analysis of the scientific research supporting the efficacy of medical marijuana in managing PTSD symptoms. From exploring how cannabinoids interact with the brain to discussing the endocannabinoid system's role in reducing anxiety and stress, this section sheds light on the underlying mechanisms that make cannabis a potential game-changer in PTSD treatment.

### **2. Personal Stories: Real Accounts from Veterans Who Found Relief**

One of the most powerful ways to understand the impact of medical marijuana on PTSD is through the stories of those who have experienced it firsthand. Cannabis Nurses Magazine shares compelling testimonials from veterans who have found relief from their symptoms thanks to cannabis-based treatments. These personal narratives offer hope and motivation to others who may be seeking a similar path to recovery.

### **3. Best Practices for Healthcare Providers**

The magazine recognizes the vital role of healthcare providers in guiding veterans towards suitable treatment options. For this reason, it includes a

comprehensive section that dives into the best practices for medical professionals when incorporating medical marijuana into the PTSD treatment plan. From legal considerations to dosage recommendations and potential side effects, Cannabis Nurses Magazine equips healthcare providers with the knowledge they need to support their patients effectively.

#### **4. Breaking Stigmas and Overcoming Barriers**

Despite the growing acceptance of medical marijuana, various stigmas and barriers persist. Cannabis Nurses Magazine addresses these challenges head-on, fostering a dialogue that aims to dispel myths and provide evidence-based arguments. By keeping readers informed and armed with facts, the magazine contributes to the destigmatization of medical marijuana as a valid PTSD treatment option.

#### **A Glimpse into the Future: Cannabis Nurses Magazine Continues to Advocate for Veterans**

Cannabis Nurses Magazine serves as a powerful advocate for the rights and well-being of veterans struggling with PTSD. As medical research progresses and more evidence emerges on the effectiveness of medical marijuana, this publication remains committed to providing the latest updates and insights in the field.

If you would like to learn more about the groundbreaking work of Cannabis Nurses Magazine and how it is shaping the future of medical marijuana in PTSD treatment, make sure to grab your copy of the PTSD Veterans Issue today.

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Cannabis Nurses Magazine publishes the most recent and compelling health care information on cannabis health, studies, research and professional nursing issues with medical cannabis. As a refereed, clinical practice bimonthly journal, it provides professionals involved in providing optimum nursing care with the most up to date information on health care trends and everyday issues in a concise, practical, and easy-to-read format. Readers can view the magazine digitally for free online at: CannabisNursesMagazine.com or subscribe to a printed copy to be delivered to your door or office. In this issue, with Veterans Day on November 11, 2015 we decided to dedicate the Cannabis Nurses Magazine November/December 2015 Issue to honor the United States Veterans who have given their lives to protect our freedoms in order to bring awareness to the ranks that PTSD is real and there is a solution to their pain. Medical Cannabis is their answer.

Our featured Cannabis Nurse this issue is, Shelly Van Winkle, a Veteran of the United States Army who now lives in Iowa. She is known as The Dragon Slayer who confronts some of our top politicians on their campaign trails with the simple question of how, if they gain entrance into office, will they as an Executive Branch leader, create change to assist patients to gain safe access to cannabis across the nation? She is a guiding light for Nurses across the nation and an example of how to approach legislation and politicians on these delicate issues of

suppression and is confronting some of the largest dragons imaginable. We also honor, Alice O'Leary- Randall, The First Lady of Medical Marijuana, who is our national nurse mentor who has lead the way slaying dragons for decades. She provides a historic approach and reveals her trials and tribulations in order to assure that we learn from their endeavors so to not have history repeat itself in her book: Medical Marijuana in America Memoir of a Pioneer.

The Weed for Warriors Project (WFWP) has started their national march across the nation with The Cannaball Run 2015 which is a national march of heroic Veterans traveling from California to Washington D.C. in support of bringing recognition to the VA to allow Medical Cannabis to be a treatment option. I had the privilege of meeting their crew and interviewed the founder, Sean Kiernan, during their stop in Las Vegas, Nevada on October 19th, 2015. The Cannaball Run is leading the cross-country education campaign to raise awareness of how PTSD is taking Vets lives of well over twenty-two Veterans per day by suicide and informing Veterans that there is a treatment option that works, Medical Cannabis. You can join their campaign by visiting: [Weed4warriorsproject.org](http://Weed4warriorsproject.org) When Veterans realize that there is a better treatment choice to their PTSD and to their many other symptoms, they can learn of the organization, Grow for Vets, which offers Veterans free Medical Cannabis. Cannabis Nurses Magazine had an exclusive interview with the Executive Director, Roger Martin, here in Las Vegas, Nevada who shared his story on how this organization came to be, where they are now, and where they see their future vision. Roger, an Army Veteran who suffers with PTSD himself, discovered and created the Grow for Vets Non-Profit Organization based out of Colorado to provide free Medical Cannabis to thousands of Veterans from across the nation and its working.



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