

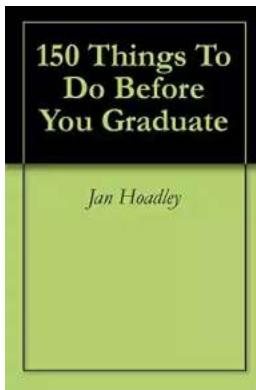
# 150 Things To Do Before You Graduate

Graduation is a milestone in everyone's life. It signifies the end of an era and the beginning of a new chapter. Before you don the cap and gown, there are a countless number of experiences and adventures you should consider ticking off your college bucket list. From academic achievements to personal growth, here are 150 things you should do before you graduate! Get ready for the most epic time of your life.

## 1. Travel Solo to a Foreign Country



Embarking on a solo trip will not only help you discover new cultures but also allow you to become more independent and self-reliant. Plan a trip to a foreign country and immerse yourself in its unique beauty and customs.



## 150 Things To Do Before You Graduate

by Katie French (Kindle Edition)

★★★★☆ 4.1 out of 5

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## 2. Join a Club or Organization



College presents numerous opportunities for you to join clubs and organizations that align with your interests. Whether it's a debate club or a music ensemble, getting involved in extracurricular activities provides a chance to make new friends and explore your passions.

### **148. Run a Marathon for a Cause**



Participating in a marathon is an incredible physical and mental challenge. Pick a cause you're passionate about and train for a marathon to not only test your limits but also raise funds and awareness for a charitable organization.

### **149. Write a Reflection Letter to Your Freshman Self**



Reflection paper

Krayukhina Taya

### Zulu virgin testing

Nongoma is a royal city of KwaZulu-Natal (Zululand) in South Africa. King Goodwill Zwelithini, hereditary king of the Zulu nation, lives there. His royal palaces are placed in Nongoma. These places are very interesting for tourists. Moreover, Zululand is the site of the royal Reed dance ceremony - an ancient traditional annual festival. But this festival has one feature. Only virgins are entitled to participate in the ceremony. Each girl must undergo virginity testing; this is a condition of participation.

Virginity testing is an old tradition in many countries. Originally this test was intended for young brides who had to prove innocence to their parents and parents of her future husband, because the result of testing amount the pay that the groom's family should pay the bride's family.

Currently this cultural ritual, «Reed dance», is used as a way of making sure girls of different ages (starting from earlier four years) stay pure and preventing teenage pregnancy and the spread of HIV / AIDS. The fact is one of the most acute problems of the province of KwaZulu-Natal is the massive spread of HIV infection among citizens. South Africa ranks first in the world in the spread of HIV, according to UN data for 2007. Among all provinces in Africa, KwaZulu-Natal has the highest percentage of HIV-infected persons (according to UNAIDS in 2009 - 39%). The King and the local authorities support the practice of virginity testing on young girls refer to the AIDS epidemic in spite of the ban such a practice. The official purpose of the annual Reed dance ceremony is to educate the Zulu's nation, especially youth, about the problems of morality and the need to respect traditional patterns of behavior that prevent teenage pregnancy and reduce the risk of contracting HIV / AIDS and other sexually transmitted diseases. The popularity of virginity testing is increasing because of widespread belief that the epidemic is the result of lack of control over female sexuality, which, in my opinion, violates the rights of women, primarily, an affront to human dignity.

The problem of virginity testing shows the enormous gulf between the "city" and "village", African traditions and European rationalism. Such problems are always difficult to be solved.

On the one hand, the festival is the most important event of the year in Zululand, which attracts thousands of tourists. Reed dance ceremony plays an important role in association of people with their king. The royal family is highly respected among the Zulu people and the festival is a national treasure. That is why, to take part in the ceremony is an honor for young girls. Moreover, the girl who "successfully" passed the test and was declared a virgin brought her family respect.

On the other hand, a test for virginity of girls is a clear example of gender inequality and social discrimination women in society. Not all girls want to do this test, many of them are very scared of this procedure and do not want to feel humiliated. Nevertheless, the girls have to do virginity testing under severe pressure of parents and the public that can be considered a violation of

As you near the end of your college journey, take a moment to reflect on the growth and lessons learned during your time as a student. Write a heartfelt letter to your freshman self, offering advice and wisdom gained along the way.

## **150. Celebrate Your Achievement with Friends and Family**



Finally, when you cross that stage, remember to celebrate your achievement with the people who supported you throughout your college years. Organize a graduation party or a gathering to express gratitude and rejoice in your accomplishments.

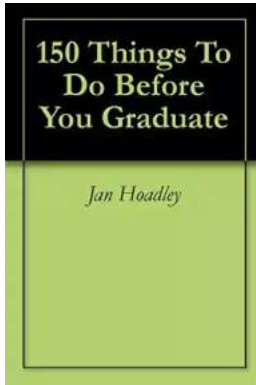
As you can see, the possibilities for making the most of your college experience are endless. Whether you're seeking adventure, personal growth, or academic excellence, these 150 things to do before you graduate will surely make your journey memorable and fulfilling. Embrace the challenges, step out of your comfort zone, and create lifelong memories that will stay with you forever.

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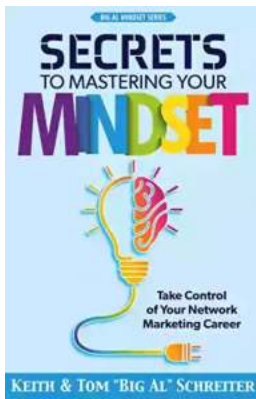
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Suggestions and ideas to learn and become a solid adult.



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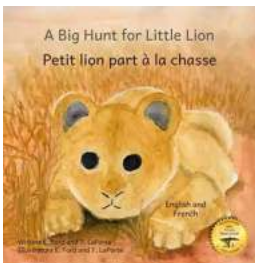
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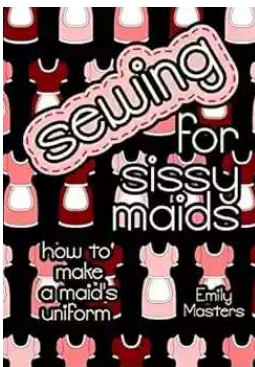
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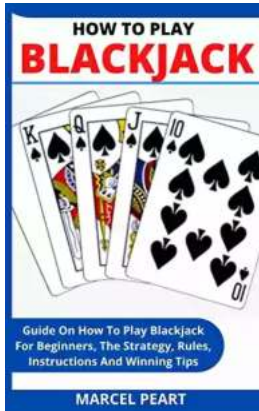
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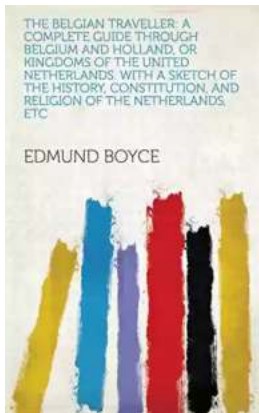
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