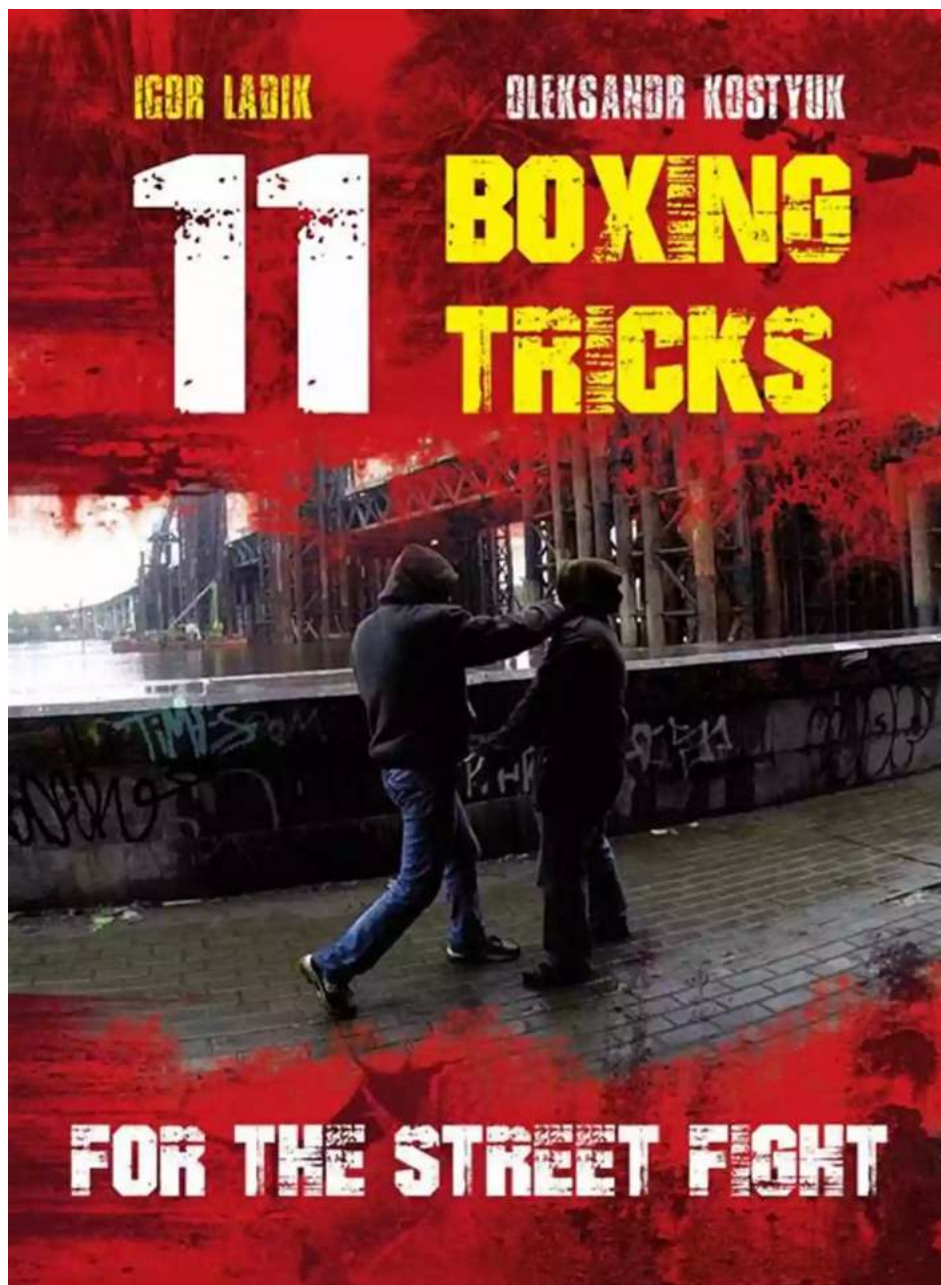


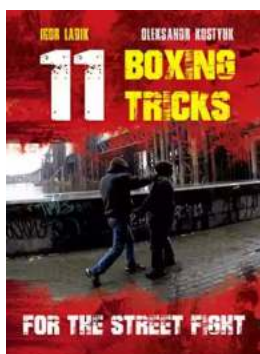
11 Boxing Tricks For The Street Fight



Street fights can be unpredictable and dangerous, but having some basic boxing skills can give you an edge when defending yourself. While professional boxing and street fighting differ in many ways, there are several boxing tricks that can be effective in a street fight scenario. In this article, we will explore 11 valuable boxing techniques to help you stay safe in an unpredictable street fight.

1. Jab and Move

The jab is one of the most fundamental boxing punches. During a street fight, make use of the jab to create distance between you and your opponent. Combine it with quick lateral movement to keep your opponent off balance and avoid getting cornered.



11 BOXING TRICKS FOR THE STREET FIGHT

by David Massey (Kindle Edition)

★★★★☆ 4.3 out of 5

Language : English

File size : 2738 KB

Screen Reader : Supported

Print length : 35 pages

Lending : Enabled



2. Slip and Counter

Slipping punches is a crucial skill in boxing. Practice slipping to the outside of your opponent's punches and counter with a powerful punch of your own. This technique can catch your opponent off guard and give you an opportunity to deliver a decisive blow.

3. Body Shots

While many street fights involve head punches, targeting the body can be equally effective. Aim for the ribs, solar plexus, and liver to inflict pain and disable your opponent. Body shots are less likely to get blocked and can wear down your opponent over time.

4. Uppercuts

Uppercuts are devastating punches that can generate significant power. In a street fight, surprise your opponent with well-timed uppercuts to their chin or body. Uppercuts are effective at close range and can quickly end the fight.

5. Head Movement

Maintaining good head movement is crucial in any fight. Practice bobbing and weaving to avoid getting hit. By constantly moving your head, you make it difficult for your opponent to land clean shots, giving you the upper hand.

6. Counterpunching

Master the art of counterpunching to exploit your opponent's attacks. When they throw a punch, evade it and quickly retaliate with a counterpunch. This technique can catch your opponent off guard and keep them on the defensive.

7. Distance Control

Controlling the distance between you and your opponent is vital in a street fight. Use your footwork to maintain a safe distance and avoid getting trapped. By controlling the distance, you can dictate the fight and prevent your opponent from landing powerful strikes.

8. Combination Punches

Combining multiple punches into fluid combinations can overwhelm your opponent. Practice throwing combinations that include jabs, crosses, hooks, and uppercuts. This way, you can unleash a barrage of strikes, making it difficult for your opponent to defend or counter.

9. Parrying and Blocking

Anticipating your opponent's punches and effectively blocking or parrying them can save you from significant damage. Practice proper blocking techniques and

learn to parry punches to disorient your opponent. This skill can give you openings for counterattacks.

10. Body Movement

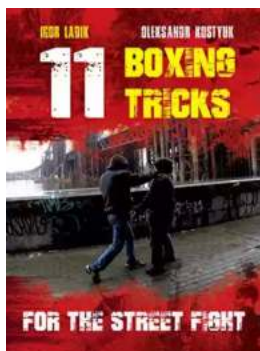
Developing fluid body movement is crucial in a street fight. Use your footwork to constantly reposition yourself, making it difficult for your opponent to anticipate your moves. By moving swiftly and unpredictably, you can maintain the element of surprise.

11. Mental Focus and Discipline

Lastly, maintaining mental focus and discipline is essential in any fight. Stay calm and composed, avoiding any unnecessary aggression or reckless moves. Clear thinking can help you make better decisions and outsmart your opponent.

While street fights can be inherently dangerous situations to be in, knowing useful boxing tricks can greatly increase your chances of staying safe and effectively defending yourself. By practicing and mastering these 11 boxing techniques, you will be better equipped to handle the unexpected and protect yourself in a street fight scenario.

Remember, though, that avoiding fights whenever possible is always the best course of action. Use your boxing skills responsibly and only resort to them when necessary for self-defense.



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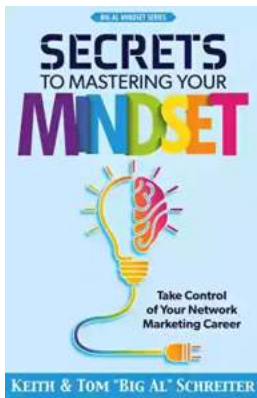
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The book “11 BOXING TRICKS FOR STREET FIGHT” is dedicated to a very important topic – how to survive in situation when attack or violence happens. The authors have used their knowledge of the boxing and presented the techniques for street fight in the form of a manual for beginners. All the techniques are very simple and are simply described. These techniques will help you to save yourself in a fierce fight. Attention! There are links in the book so you can watch Trick 1, Trick 2, Trick 6 and Trick 7 on youtube!



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